Annual Notice of Changes for 2021

You are currently enrolled as a member of MCC of VA (HMO SNP). Next year, there will be some changes to the plan’s costs and benefits. This booklet tells about the changes.

What to do now

1. **ASK**: Which changes apply to you
   - Check the changes to our benefits and costs to see if they affect you.
     - It’s important to review your coverage now to make sure it will meet your needs next year.
     - Do the changes affect the services you use?
     - Look in Sections 1.1 and 1.5 for information about benefit and cost changes for our plan.
   - Check the changes in the booklet to our prescription drug coverage to see if they affect you.
     - Will your drugs be covered?
     - Are your drugs in a different tier, with different cost-sharing?
     - Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
     - Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
     - Review the 2021 Drug List and look in Section 1.6 for information about changes to our drug coverage.
     - Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit go.medicare.gov/drugprices. These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.
   - Check to see if your doctors and other providers will be in our network next year.
     - Are your doctors, including specialists you see regularly, in our network?
     - What about the hospitals or other providers you use?
     - Look in Sections 1.3 and 1.4 for information about our Provider and Pharmacy Directory.
Think about your overall healthcare costs.

- How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
- How much will you spend on your premium and deductibles?
- How do your total plan costs compare to other Medicare coverage options?

Think about whether you are happy with our plan.

2. **COMPARE**: Learn about other plan choices

- Check coverage and costs of plans in your area.
  
  - Use the personalized search feature on the Medicare Plan Finder at [www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare) website.
  
  - Review the list in the back of your *Medicare & You* handbook.
  
  - Look in Section 3.2 to learn more about your choices.

- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan’s website.

3. **CHOOSE**: Decide whether you want to change your plan

- If you don’t join another plan by December 7, 2020, you will be enrolled in MCC of VA (HMO SNP).

- If you want to **change to a different plan** that may better meet your needs, you can switch plans between October 15 and December 7. Look in Section 3, page 14 to learn more about your choices.

4. **ENROLL**: To change plans, join a plan between **October 15** and **December 7, 2020**

- If you don’t join another plan by **December 7, 2020**, you will be enrolled in MCC of VA (HMO SNP).

- If you join another plan between **October 15** and **December 7, 2020**, your new coverage will start on **January 1, 2021**. You will be automatically disenrolled from your current plan.

**Additional Resources**

- This document is available for free in Spanish.

- Please contact our Member Services number at 1-800-424-4495 for additional information. (TTY users should call 711.) Hours are 8 a.m. to 8 p.m., Monday through Friday (from October 1-March 31, 7 days a week).

- Alternate format materials, such as large print, audio and braille, are available upon request.

- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act’s (ACA) individual shared responsibility
requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About MCC of VA (HMO SNP)

- Magellan Complete Care of Virginia, LLC (HMO SNP) is a managed care plan with a Medicare Advantage contract. Enrollment in MCC of VA (HMO SNP) depends on contract renewal.

- When this booklet says “we,” “us,” or “our,” it means Magellan Complete Care of Virginia, LLC (HMO SNP). When it says “plan” or “our plan,” it means Magellan Complete Care of Virginia, LLC (HMO SNP).

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Summary of Important Costs for 2021

The table below compares the 2020 costs and 2021 costs for MCC of VA (HMO SNP) in several important areas. Please note this is only a summary of changes. A copy of the Evidence of Coverage is located on our website at https://www.mccofva.com/dsnp. You can also review the separately-mailed Evidence of Coverage to see if other benefit or cost changes affect you. You may also call Member Services to ask us to mail you an Evidence of Coverage. If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay $0 for your deductible, doctor office visits, and inpatient hospital stays.

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monthly plan premium</strong>*</td>
<td>$0</td>
<td>$0</td>
</tr>
<tr>
<td>* Your premium may be higher or lower than this amount. See Section 2.1 for details.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Doctor office visits</strong></td>
<td>Primary care visits: $0 per visit</td>
<td>Primary care visits: $0 per visit</td>
</tr>
<tr>
<td></td>
<td>Specialist visits: $0 per visit</td>
<td>Specialist visits: $0 per visit</td>
</tr>
<tr>
<td><strong>Inpatient hospital stays</strong></td>
<td>$0</td>
<td>$0</td>
</tr>
<tr>
<td>Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor’s order. The day before you are discharged is your last inpatient day.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Part D prescription drug coverage

(See Section 2.6 for details.)

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deductible: $0</td>
<td>Deductible: $0</td>
<td></td>
</tr>
<tr>
<td>Copayment during the Initial Coverage Stage:</td>
<td>Copayment during the Initial Coverage Stage:</td>
<td></td>
</tr>
<tr>
<td><strong>Generic and preferred multi-source drugs:</strong></td>
<td><strong>Generic and preferred multi-source drugs:</strong></td>
<td></td>
</tr>
<tr>
<td>You pay $0/$1.30/$3.60 per prescription</td>
<td>You pay $0/$1.30/$3.70 per prescription</td>
<td></td>
</tr>
<tr>
<td><strong>All other drugs:</strong></td>
<td><strong>All other drugs:</strong></td>
<td></td>
</tr>
<tr>
<td>You pay $0/$3.90/$8.95 per prescription</td>
<td>You pay $0/$4.00/$9.20 per prescription</td>
<td></td>
</tr>
</tbody>
</table>

### Maximum out-of-pocket amount

This is the most you will pay out-of-pocket for your covered services.

(See Section 2.2 for details.)

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$6,700</td>
<td>$7,550</td>
<td></td>
</tr>
<tr>
<td>You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</td>
<td>You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</td>
<td></td>
</tr>
</tbody>
</table>
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SECTION 1  Changes to Benefits and Costs for Next Year

Section 1.1 – Changes to the Monthly Premium

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monthly premium</td>
<td>$0</td>
<td>$0</td>
</tr>
<tr>
<td></td>
<td>You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.</td>
<td></td>
</tr>
</tbody>
</table>

Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay “out-of-pocket” during the year. This limit is called the “maximum out-of-pocket amount.” Once you reach this amount, you generally pay nothing for covered services for the rest of the year.

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maximum out-of-pocket amount</td>
<td>$6,700</td>
<td>$7,550</td>
</tr>
<tr>
<td>Because our members also get assistance from Medicaid, very few members ever reach this out-of-pocket maximum.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your costs for prescription drugs do not count toward your maximum out-of-pocket amount.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Section 1.3 – Changes to the Provider Network

There are changes to our network of providers for next year. An updated Provider and Pharmacy Directory is located on our website at https://www.mccofva.com/dsnp. You may also call Member Services for updated provider information or to ask us to mail you a Provider and Pharmacy Directory. Please review the 2021 Provider and Pharmacy Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

It is important that you know that we may make changes to the hospitals, doctors, and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan, you have certain rights and protections summarized below:

• Even though our network of providers may change during the year, we must furnish you with uninterrupted access to qualified doctors and specialists.

• We will make a good faith effort to provide you with at least 30 days’ notice that your provider is leaving our plan so that you have time to select a new provider.

• We will assist you in selecting a new qualified provider to continue managing your healthcare needs.

• If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.

• If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.

• If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider to manage your care.

Section 1.4 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies.

There are changes to our network of pharmacies for next year. An updated Provider and Pharmacy Directory is located on our website at https://www.mccofva.com/dsnp. You may also call Member Services for updated provider information or to ask us to mail you a Provider and Pharmacy Directory. Please review the 2021 Provider and Pharmacy Directory to see which pharmacies are in our network.
Section 1.5 – Changes to Benefits and Costs for Medical Services

Please note that the Annual Notice of Changes tells you about changes to your Medicare benefits and costs.

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, Benefits Chart (what is covered), in your 2021 Evidence of Coverage. A copy of the Evidence of Coverage is located on our website at https://www.mccofva.com/dsnp. You may also call Member Services to ask us to mail you an Evidence of Coverage.

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acupuncture for chronic low back pain</td>
<td>Acupuncture is not covered</td>
<td>Covered services include:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Up to 12 visits in 90 days are covered for Medicare beneficiaries under the following circumstances:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>For the purpose of this benefit, chronic low back pain is defined as:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Lasting 12 weeks or longer;</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Nonspecific, in that it has no identifiable systemic cause (i.e., not associated with metastatic, inflammatory, infectious, etc. disease);</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Not associated with surgery; and</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Not associated with pregnancy.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>An additional eight sessions will be covered for those patients demonstrating an improvement. No more than 20 acupuncture treatments may be administered annually.</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Treatment must be discontinued if the patient is not improving or is regressing.</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dental</td>
<td>Supplemental dental benefits are <strong>not covered</strong></td>
<td>$500 every two (2) years for dentures</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Prior authorization is required</td>
</tr>
<tr>
<td>Health and wellness education programs</td>
<td>$240/year for health club membership to promote general wellness, strength and cardiovascular health</td>
<td>The health club membership is <strong>not covered</strong></td>
</tr>
</tbody>
</table>
| Home infusion therapy                    | Home infusion therapy is **not covered**                        | The components needed to perform home infusion include the drug (for example, antivirals, immune globulin), equipment (for example, a pump), and supplies (for example, tubing and catheters). Covered services include, but are not limited to:  
  • Professional services, including nursing services, furnished in accordance with the plan of care  
  • Patient training and education not otherwise covered under the durable medical equipment benefit  
  • Remote monitoring  
  • Monitoring services for the provision of home infusion therapy and home infusion drugs furnished by a qualified home infusion therapy supplier |
<p>| OTC benefits                              | OTC benefits are not covered                                    | Up to $210 every 3 months for OTC benefits          |</p>
<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient diagnostic tests and therapeutic services and supplies</td>
<td>Prior authorization is not required</td>
<td>Prior authorization may be required</td>
</tr>
</tbody>
</table>
| Physician/Practitioner services, including doctor’s office visits    | Telehealth services are covered the same as Original Medicare | Additional telehealth services are covered for:  
  • Primary care physician services  
  • Physician specialist services  
  • Individual sessions for psychiatric services  
  • Kidney disease education services  
  • Diabetes self-management training  
  Prior authorization is not required |
| Special supplemental benefits for the chronically ill                | Special supplemental benefits for the chronically ill are not a covered benefit | Beneficiaries with any of the chronic illnesses listed below are eligible for non-medical transportation to plan-approved locations (such as church or the grocery store) when provided by the plan’s medical transportation provider. Includes up to 24 one-way preplanned trips, up to 25 miles, per year.  
  • Limited to a single destination per one-way trip  
  • Member must provide the plan with the following information 5 business days in advance of trip to ensure coverage is within distance limitations:  
    o Address of origin  
    o Destination address |
<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
</table>
| Special supplemental benefits for the chronically ill (continued) | | Member must have a documented diagnosis of one of these chronic conditions:  
- Anxiety  
- Depression  
- Coronary artery disease  
- (CAD) Congestive Heart Failure (HF)  
- COPD/asthma  
- Diabetes  
- Cancer |

**Section 1.6 – Changes to Part D Prescription Drug Coverage**

**Changes to Our Drug List**

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

If you are affected by a change in drug coverage, you can:

- **Work with your doctor (or other prescriber) and ask the plan to make an exception** to cover the drug. **We encourage current members** to ask for an exception before next year.
  - To learn what you must do to ask for an exception, see Chapter 9 of your Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) or call Member Services.

- **Work with your doctor (or prescriber) to find a different drug** that we cover. You can call Member Services to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5,
Section 5.2 of the Evidence of Coverage.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

If you are a current member and a drug you are taking will be removed from the formulary or restricted in some way for next year, we will allow you to request a formulary exception in advance for next year. We will tell you about any change in the coverage for your drug for the following year. You can then ask us to make an exception and cover the drug in the way you would like it to be covered for the following year. We will give you an answer to your request for an exception before the change takes effect.

Current formulary exceptions will still be covered next year. You do not need to submit a new request next year.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

Starting in 2021, we may immediately remove a brand name drug on our Drug List if, at the same time, we replace it with a new generic drug at the same or lower copayment amount and with the same or fewer restrictions. Also, when adding the new generic drug, we may decide to keep the brand name drug on our Drug List, but immediately move it to a higher copayment amount or add new restrictions or both.

This means, for instance, if you are taking a brand name drug that is being replaced or moved to a higher copayment amount, you will no longer always get notice of the change 30 days before we make it or get a month’s supply of your brand name drug at a network pharmacy. If you are taking the brand name drug, you will still get information on the specific change we made, but it may arrive after the change is made.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about changes we may make to the Drug List, see Chapter 5, Section 6 of the Evidence of Coverage.)
Changes to Prescription Drug Costs

If you are in a program that helps pay for your drugs (“Extra Help”), the information about costs for Part D prescription drugs may not apply to you. We have included a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” and didn’t receive this insert with this packet, please call Member Services and ask for the “LIS Rider.”

There are four “drug payment stages.” How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your Evidence of Coverage for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look in your Summary of Benefits or at Chapter 6, Sections 6 and 7, in the Evidence of Coverage.)

<table>
<thead>
<tr>
<th>Stage</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stage 1: Yearly Deductible Stage</td>
<td>Because we have no deductible, this payment stage does not apply to you.</td>
<td>Because we have no deductible, this payment stage does not apply to you.</td>
</tr>
</tbody>
</table>

Changes to Your Cost-sharing in the Initial Coverage Stage

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, Types of out-of-pocket costs you may pay for covered drugs in your Evidence of Coverage.
Stage 2: Initial Coverage Stage

During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.

The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy that provides standard cost-sharing. For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6, Section 5 of your Evidence of Coverage.

<table>
<thead>
<tr>
<th>Stage</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Stage 2: Initial Coverage Stage</strong></td>
<td>Your cost for a one-month supply filled at a network pharmacy with standard cost-sharing:</td>
<td>Your cost for a one-month supply filled at a network pharmacy with standard cost-sharing:</td>
</tr>
<tr>
<td></td>
<td><strong>Generic and preferred multi-source drugs:</strong></td>
<td><strong>Generic and preferred multi-source drugs:</strong></td>
</tr>
<tr>
<td></td>
<td>You pay $0/$1.30/$3.60 per prescription</td>
<td>You pay $0/$1.30/$3.70 per prescription</td>
</tr>
<tr>
<td></td>
<td><strong>All other drugs:</strong></td>
<td><strong>All other drugs:</strong></td>
</tr>
<tr>
<td></td>
<td>You pay $0/$3.90/$8.95 per prescription</td>
<td>You pay $0/$4.00/$9.20 per prescription</td>
</tr>
<tr>
<td></td>
<td>Once you have paid $6,350 out-of-pocket for Part D drugs, you will move to the next stage (the Catastrophic Coverage Stage).</td>
<td>Once you have paid $6,550 out-of-pocket for Part D drugs, you will move to the next stage (the Catastrophic Coverage Stage).</td>
</tr>
</tbody>
</table>

Changes to the Coverage Gap and Catastrophic Coverage Stages

The Coverage Gap Stage and the Catastrophic Coverage Stage are two other drug coverage stages for people with high drug costs. Most members do not reach either stage.

For information about your costs in these stages, look at your Summary of Benefits or at Chapter 6, Sections 6 and 7, in your Evidence of Coverage.
SECTION 2 Deciding Which Plan to Choose

Section 2.1 – If you want to stay in MCC of VA (HMO SNP)

To stay in our plan you don’t need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our MCC of VA (HMO SNP).

Section 2.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2021, follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- -- OR-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan.

To learn more about Original Medicare and the different types of Medicare plans, read Medicare & You 2021, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to www.medicare.gov/plan-compare. Here, you can find information about costs, coverage, and quality ratings for Medicare plans.

Step 2: Change your coverage

- To change to a different Medicare health plan, enroll in the new plan. You will automatically be disenrolled from MCC of VA (HMO SNP).
- To change to Original Medicare with a prescription drug plan, enroll in the new drug plan. You will automatically be disenrolled from MCC of VA (HMO SNP).
- To change to Original Medicare without a prescription drug plan, you must either:
  - Send us a written request to disenroll. Contact Member Services if you need more information on how to do this (phone numbers are in Section 6.1 of this booklet).
  - or – Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.
If you switch to Original Medicare and do not enroll in a separate Medicare prescription drug plan, Medicare may enroll you in a drug plan unless you have opted out of automatic enrollment.

### SECTION 3 Changing Plans

If you want to change to a different plan or Original Medicare for next year, you can do it from October 15 to December 7. The change will take effect on January 1, 2021.

**Are there other times of the year to make a change?**

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a change at other times of the year.

If you enrolled in a Medicare Advantage plan for January 1, 2021, and don’t like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2021. For more information, see Chapter 10, Section 2.3 of the Evidence of Coverage.

### SECTION 4 Programs That Offer Free Counseling about Medicare and Medicaid

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In Virginia, the SHIP is called the Virginia Insurance Counseling & Assistance Program (VICAP).

The Virginia Insurance Counseling & Assistance Program is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare. The Virginia Insurance Counseling & Assistance Program counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call the Virginia Insurance Counseling & Assistance Program at 1-800-552-3402 (TTY 711). You can learn more about the Virginia Insurance Counseling & Assistance Program by visiting their website at https://www.vda.virginia.gov/vicap.html.
For questions about your Medicaid benefits, contact Commonwealth Coordinated Care Plus (CCC+) Medicaid at 1-844-374-9159. TTY users should call 1-800-817-6608. Ask how joining another plan or returning to Original Medicare affects how you get your Commonwealth Coordinated Care Plus (CCC+) Medicaid coverage.

SECTION 5 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

- **“Extra Help” from Medicare.** Because you have Medicaid, you are already enrolled in ‘Extra Help,’ also called the Low Income Subsidy. Extra Help pays some of your prescription drug premiums, annual deductibles and coinsurance. Because you qualify, you do not have a coverage gap or late enrollment penalty. If you have questions about Extra Help, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 7 a.m. and 7 p.m., Monday through Friday. TTY users should call 1-800-325-0778 (applications); or
  - Your State Medicaid Office (applications).

- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Virginia Medication Assistance Program (VA MAP). For information on eligibility criteria, covered drugs, or how to enroll in the program, please call VA MAP at 1-855-362-0658.

SECTION 6 Questions?

Section 6.1 – Getting Help from MCC of VA (HMO SNP)

Questions? We’re here to help. Please call Member Services at 1-800-424-4495 (TTY 711). We are available for phone calls 8 a.m. to 8 p.m., Monday through Friday (from October 1-March 31, 7 days a week). Calls to these numbers are free.
Read your 2021 Evidence of Coverage (it has details about next year's benefits and costs)

This Annual Notice of Changes gives you a summary of changes in your benefits and costs for 2021. For details, look in the 2021 Evidence of Coverage for MCC of VA (HMO SNP). The Evidence of Coverage is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the Evidence of Coverage is located on our website at https://www.mccofva.com/dsnp. You may also call Member Services to ask us to mail you an Evidence of Coverage.

Visit our Website

You can also visit our website at https://www.mccofva.com/dsnp. As a reminder, our website has the most up-to-date information about our provider network (Provider and Pharmacy Directory) and our list of covered drugs (Formulary/Drug List).

Section 6.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to www.medicare.gov/plan-compare).

Read Medicare & You 2021 Handbook

You can read Medicare & You 2021 Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don’t have a copy of this booklet, you can get it at the Medicare website (www.medicare.gov) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.
Section 6.3 – Getting Help from Medicaid

To get information from Medicaid, you can call Commonwealth Coordinated Care Plus (CCC+) (Medicaid) at 1-844-374-9159, Monday through Friday, 8:30 a.m. – 6:00 p.m. TTY users should call 1-800-817-6608.